RESPONDING TO SUICIDE IDEATION OR ATTEMPT

- Tell the person you are there to help
- Ensure immediate safety for everyone
- If time permits, seek consultation from behavioral health and chaplain teams
- Escort the person to emergency care
- Share details with only those who need to know
- Address rumors and gossip with information that can be shared
- Do not give up on the person or label them as "weak" or "a lost cause"



EDUCATIONAL TOOL

https://www.cstsonline.org/suicide-prevention-program/



Center for the Study of Traumatic Stress Department of Psychiatry Uniformed Services University www.CSTSOnline.org



Suicide Prevention Strategies for Leaders

https://www.cstsonline.org/suicide-prevention-program/



