## Firearm Leadership to Reduce the Risk of Suicide and Harm

# ACTIONS FOR FIREARM LEADERSHIP

- Discuss Personal Firearm Storage
  - Encourage your people to store personally owned firearms unloaded and locked in a case or gun safe when not in use.
- Be Present and Support Your Personnel
  - □ Reach out to service members who are experiencing stress.
  - □ Follow-up regularly
- Discourage Alcohol Use When Using Firearms
  - □ Practice zero tolerance mixing alcohol with handling weapons.
  - Clearly communicate: "Don't mix alcohol with your firearms."

### PROMOTE FAMILY SAFETY

- For some, family safety means keeping a gun loaded and unlocked.
- Emphasize how a loaded and unlocked gun can greatly increase the risk of an accidental or an impulsive shooting death.
- Remind your people to keep firearms out of the reach of children.
- Teach children "guns are not toys" and should only be handled when supervised by trained adults.

#### ALTERNATIVES TO FIREARMS FOR SELF AND FAMILY PROTECTION

- Remind personnel of options for personal and home safety that are safer than unlocked weapons. These include:
  - Guard Dogs
  - □ Alarm Systems
  - Pepper Spray
  - □ Stun Guns and Tasers
  - Pocket and Tactical Knives



#### **EDUCATIONAL TOOL**

https://www.cstsonline.org/suicide-prevention-program/

